



F.O.C.U.S.

## F.O.C.U.S 2011 GUEST SPEAKER EVENT

**Dr. Jefferson B. Prince, MD**, preeminent child and adolescent psychiatrist, and instructor in psychiatry at Harvard Medical School, will be in Hong Kong from **December 1 - 3, 2011**

### VISITING GUEST SPEAKER: DR. JEFFERSON PRINCE



Dr. Prince is an experienced clinician, researcher and supervisor in the field of attentional disorders, pharmacotherapy, depression and substance abuse with works spanning the worlds of both academia and practice. His forte is in child, adolescent, and adult psychiatry, with specific skills in the assessment and treatment of AD/HD. Dr. Prince is an instructor in psychiatry at Harvard Medical School in Boston, Director of Child Psychiatry for North Shore Medical Center in Salem, Massachusetts, and a paediatric psychiatrist at Massachusetts General Hospital in Boston in the Child Psychiatry and Pediatric Psychopharmacology Clinics.

Dr. Prince will be making several presentations, including **2 parent events, 2 teacher events**, one **F.O.C.U.S. member's only Roundtable Meeting** and one **physician and healthcare professionals event**.

Dec 1 <sup>st</sup> (Thursday)	Dec 2 <sup>nd</sup> (Friday)	Dec 3 <sup>rd</sup> (Saturday)
	<b>Monthly Roundtable Meeting with F.O.C.U.S. members</b> 9:30am - 11.30am The Helena May (Members only - 30 seats) Open forum discussion	<b>Teachers' Presentation (HK)</b> 10:00am - 12noon HKIS (Tai Tam Campus)  <i>"Harnessing the Potential of Children and Adolescents with SLD and AD/HD"</i>
	<b>Teachers' Presentation (NT)</b> 4:00pm - 6:00pm Japanese International School  <i>"Maturation of the Brain and its Impact on Learning"</i>	<b>Parents' Presentation (HK)</b> 2:00pm - 4:00pm HKIS (Tai Tam Campus)  <i>"Maturation of the Brain and Helping Your Child Find His Place in the World"</i>
<b>Physician and Healthcare Professionals' Presentation</b> 7:30pm - 9:30pm Kwong Wah Hospital, Lecture Theatre (100-130 pax) Free event  <i>"Pharmacotherapy of AD/HD and Common Comorbid Disorders Through the Lifespan"</i>	<b>Parents' Presentation (Kowloon)</b> 7:30pm - 9:30pm Australian International School  <i>"Heart and Health of the Whole Child"</i>	

Feel free to pass this on to those who are interested or who may find this helpful.



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## 2011 GUEST SPEAKER EVENT - DR. JEFFERSON PRINCE'S PRESENTATIONS

### DESCRIPTION OF TOPICS:

#### **F.O.C.U.S. Monthly Roundtable Meeting**

Date: Dec 2, 2011 (Friday)

Time: 9:30-11:30am

Venue: The Helena May Conference Room, 35 Garden Road, Central

Fee: HK\$150 - Members only (30 seats)



**Open discussion forum** - A special event for F.O.C.U.S. members to talk with Dr. Prince. We invite you to share with us your cases in this Open Forum. Format of the discussion will be informal with lots of time for Q&A. We welcome you to come with questions and share your experience and cases.

#### **Teachers Presentation (New Territories)**

Date: Dec 2, 2011 (Friday)

Time: 4:00-6:00pm

Venue: Japanese International School, Tai Po Campus

Fee: HK\$400 (Member); HK\$500 (Non-member); HK\$300 - School group booking (5+ pax)

**"Maturation of the Brain and Its Impact on Learning"** - Dr. Prince will discuss the ADHD three-year delay in brain maturation and its relevance in school performance and behavior. Executive Function has emerged as a key factor influencing school success or failure for students with ADHD and learning differences. Dr. Prince will highlight the latest research regarding the impact of Executive Function on academic growth and provide pragmatic approaches to address common learning and behavioral challenges in the classroom.

#### **Parents Presentation (Kowloon)**

Date: Dec 2, 2011 (Fri)

Time: 7:30-9:30pm

Venue: Australian International School

Fee: HK\$400 (Member); HK\$500 (Non-member)

**"Heart and Health of the Whole Child"** - Dr. Prince will discuss the latest research on the role of medication and psychotherapy in treating children and adolescents with AD/HD, and the interplay with best practice support for co-existing conditions including anxiety, depression and addictive behaviors.



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### **Teachers Presentation (Hong Kong)**

Date: Dec 3, 2011 (Saturday)

Time: 10:00am-12:00noon

Venue: Hong Kong International School, Tai Tam Campus

Fee: HK\$400 (Member); HK\$500 (Non-member); HK\$300 - School group booking (5+ pax)

**"Harnessing the Potential of Children and Adolescents with SLD and AD/HD"** - Dr. Prince will discuss how to read the signals that children with learning differences send when their academic performance does not match their learning potential. He will address what signs to look for in the primary age child whose performance doesn't match his academic potential, how anxiety relates to poor performance, how adolescents with ADHD are at greater risk of substance abuse, smoking, and other addictive behaviors, and how the gap between student ability and performance affects student behavior in the classroom.

### **Parents Presentation (Hong Kong)**

Date: Dec 3, 2011 (Saturday)

Time: 2:00-4:00pm

Venue: Hong Kong International School, Tai Tam campus

Fee: HK\$400 (Member); HK\$500 (Non-member)  
HK\$300 - School group booking (5+ pax)

**"Maturation of the Brain and Helping Your Child Find His Place in the World"** - Brain maturation, coping strategies and the role of parents, teachers and doctors. Dr. Prince will discuss the latest research on the pace of development of Executive Functioning in children and adolescents and what we can do to help our children while waiting for the brain to mature.

### **REGISTRATION**

Visit the F.O.C.U.S. website at [www.focus.org.hk](http://www.focus.org.hk) to register for Dr. Prince's parents and teachers presentations, as well as F.O.C.U.S. members Roundtable or send in your booking to email: [focusinhongkong@gmail.com](mailto:focusinhongkong@gmail.com)

#### **Early bird registration**

Register and pay before **Monday, Nov 22<sup>nd</sup>** and enjoy a discounted rate of **\$300** (for member) and **\$400** (for non-member)!



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### **MORE ABOUT DR. PRINCE**

Clinically, Dr. Prince's responsibilities include the assessment, diagnosis and pharmacologic treatment of children, adolescents, and adults across the life span. Additionally, since 2009, Dr. Prince has been teaching Mindfulness Based Stress Reduction to adolescents in school and clinic settings and to adults in the hospital setting. Since 2004 he has served as a psychiatric consultant to the North Shore Educational Collaborative.

Dr. Prince has made vast contributions to our understanding of AD/HD in children, adolescents and adults and conducts research into the characterization and treatment of AD/HD across the lifespan. He has been involved in many clinical trials for the pharmacological treatment of AD/HD and is highly knowledgeable about leading treatment options. Dr Prince also investigates the disorders that can co-occur with AD/HD, such as bipolar disorder, social phobia, substance use, and anxiety.

Dr. Prince is the author or co-author of more than 60 original articles, abstracts, and book chapters, and has made more than 150 academic presentations nationally and internationally. He serves as a reviewer on a number of different research publications. Dr Prince has received many awards and honors. In 2005, he was selected as one of the 'Best Doctors in America.'

### **MORE ON DR. PRINCE'S LECTURES AND PRESENTATIONS**

Dr Prince has an extensive lecturing, and teaching history with a wide range of audiences. Dr Prince has been the keynote speaker at a number of international conferences. Dr. Prince has also presented papers, workshops and symposia internationally to clinicians (pediatricians, psychiatrists, and psychologists), teachers, and parents. Dr Prince's presentations focus on equipping audiences with up-to-date information about the role of pharmacotherapy in treating AD/HD and other associated disorders, including depression, substance use, and anxiety.

In his presentations to parents, Dr Prince focuses on the role of medical treatments for AD/HD and the search for best practice treatment options when co-occurring disorders are present. Dr Prince also discusses how to support children while their brains are still undergoing maturation, with emphasis on the importance of executive functioning.

In his presentations to teachers, Dr Prince highlights practical information about how to recognize and effectively intervene for AD/HD and SLD symptoms with other disorders of learning, emotion or behavior in children and adolescents. Dr Prince will discuss the impact of brain maturation on learning and how this process is delayed for students with AD/HD. Dr Prince provides teachers with practical strategies to assist those students who exhibit learning and behavioral challenges at school.

For medical and mental health professionals Dr. Prince's lectures and workshop presentations provide examples of how AD/HD can be recognized in clinical practice. He presents the most recent scientific information about medication treatments for AD/HD and also explains how behavioral treatments can be tailored to address AD/HD-related behavior problems in children. For practitioners with advanced understanding of AD/HD, Dr. Prince offers guidelines for assessment and treatment of complex cases involving multiple co-morbid disorders.